

Violence at Home Signal



1. Palm to camera and tuck thumb



2. Trap thumb

source: Canadian Women's Foundation

Know the SAFETY Signal

Watch for it on video chat, in public and in private

It indicates

"Reach Out to ME Safely"



What Do I Do if I See Somebody Use the Signal for Help?

Reach out to them safely to find out what they need. They may ask you to listen and be there for them. They may ask for help finding services. They may want you to call someone to help them. Let the person using the Signal take the lead.

United States

DV Resources

Call 1-800-799-7233

National Domestic Violence Hotline:

<https://ncadv.org/get-help>

Online domestic violence shelter search:

<https://www.domesticshelters.org/>

