



"Reach Out to Me Safely"

Watch for it on video chat, in public and in private
 Know the SAFETY Signal
 It indicates

source: Canadian Women's Foundation

2. Trap thumb



1. Palm to camera and tuck thumb



THE
 VIOLENCE
 AT HOME
 SIGNAL
 FOR HELP

Violence at Home Signal

Know the SAFETY Signal

What Do I Do if I See Somebody Use the Signal for Help?

Reach out to them safely to find out what they need. They may ask you to listen and be there for them. They may ask for help finding services. They may want you to call someone to help them. Let the person using the Signal take the lead.

United States

DV Resources

Call 1-800-799-7233

National Domestic Violence Hotline:

<https://ncadv.org/get-help>

Online domestic violence shelter search:

<https://www.domesticshelters.org/>

