



SERVICE & ADVOCACY PROJECT IDEAS

IN HER SHOES:

Experiential Learning About Domestic Violence

Supporting Zonta International's mission to empower women and girls through service and advocacy in the United States



The kit was developed by the Washington State Coalition Against Domestic Violence. The kit is available for purchase from WSCADV and contains 8 character cards, 17 station cards, 168 story cards, and a facilitator's guide. Additional kits for teens, economic justice, and more are available.

WHAT IS *IN HER SHOES*?

In Her Shoes is designed for learning about domestic violence. Participants move, do, think and experience the lives of battered women. Participants are given a card (or share a card, depending on the number of participants) describing the background and current situation of a character. Stations throughout the room contain color-coordinated plot cards that align with each character.

As groups are led to different stations, they read through scenarios their character faces with their partner and various systems, and make choices about their character's next steps.

Following the participants' experiences, it is key to hold a debrief discussion. The discussion may include what was learned, how the experiences of the characters differed, and how what was learned might effectuate changes in the community. The discussion also provides the facilitator the opportunity to dispel myths and misunderstandings – and provide information about domestic violence experiences in the community.

HOW TO IMPLEMENT THIS PROJECT?

This program can be used with a variety of audiences.

It can be used to educate your Club in order to generate enthusiasm for engaging in domestic violence matters.

It can be used with leaders of the community to begin to raise awareness about pressing needs or needed changes in the community relative to interpersonal violence. Suggested invitees include:

- Elected Officials
- School Officials
- Hospital / Medical Personnel
- Law Enforcement
- Religious Leaders
- Management of Large Local Employers

The project might also be used to start a conversation with other civic or fraternal groups with whom a Club may wish to partner on other domestic violence projects.

SOME SIGNS OF DOMESTIC ABUSE

- Checking your phone, email, or social media without your permission
- Putting you down frequently
- Isolating you from friends or family
- Extreme jealousy or insecurity
- Explosive outbursts, temper, or mood swings
- Any form of physical harm
- Possessiveness or controlling behavior
- Pressuring you or forcing you to have sex

National Domestic Violence Hotline
888-799-7233